



Leadership CURRICULUM

Leadership Essentials

A two-day workshop for powerful choice making and everyday freedom

As Bruce Jenner said, “If you want to take your mission in life to the next level, if you are stuck and you don’t know how to rise, don’t look outside yourself. Look inside. Don’t let your fears keep you mired in the crowd. Abolish your fears and raise your commitment level to the point of no return, and I guarantee you that the champion within will burst forth to propel you toward victory.” This is exactly what Leadership Essentials focuses on: dramatically improving self-awareness and communication skills. Through a powerful series of individual and shared exercises, participants identify their own untapped potential. This is breakthrough work for leaders!

Results You Can Expect

- Blind spots seen
- Professional and personal vision clarified
- Strategies identified for making a difference
- Leadership behaviors upgraded
- Improved skills in collaborating with others
- Strengths and untapped potential discovered
- Wisdom expanded

Workshop Overview

Day One

- Increasing Authenticity
- Blind Spots Work
- Self-Protective Strategies
- Results Produced

Day Two

- Core Strengths / Essence
- Future Vision
- Understanding Creative Tension
- Forwarding Your Life

What Others Are Saying

“People are most powerful when they come from their place of strength. Leadership Essentials is a unique program that helps participants clarify and understand what their unique gifts are as leaders and how they can incorporate them into their day-to-day work behavior. It’s an awakening of leadership.”

– Susanne Matheson, Director of Human Resources at BC Hydro

Group size is limited to 16. We highly recommend individuals from the same organization participate in this workshop together. This allows for the greatest impact on alignment, collaboration, and momentum for positive change.

Eight hours of follow-on coaching included

Our coaching has been proven successful for hundreds of managers in companies around the world. Through coaching, leaders explore ways to leverage their individual strengths and build muscle in communication, trust, relationship building, strategy, and influencing.

For more information on these offerings, please call Kathy Anderson at 206-686-4400. ex. 12 or via e-mail at kathy@dedehenley.com. Visit our web site at www.dedehenley.com

We look forward to hearing from you.



the **DEDE HENLEY GROUP**
the inspiration to lead